

Self-Assessment: How Often Do You Celebrate?

How often do you acknowledge others for one of the following behaviors and/or accomplishments?

	Rarely	Sometimes	Often
• Achieving individual work objectives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Being a collaborative team member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Taking risks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Assisting others in achieving goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Completing assigned tasks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Responding effectively to the needs and expectations of others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Taking initiative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Attending to the needs of others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Consistent, dependable performance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Coming up with ideas for continuous quality improvement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Exceeding expectations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Add up your check marks using these numerical equivalents:

Rarely = -1
Sometimes = 0
Often = 1

Add the totals from each category.

Total Score = _____