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MENTAL HEALTH GLOBAL OUTREACH
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CARING FOR THOSE WHO SERVE OTHERS

Churches, Schools, Communities





DID YOU KNOW?

In October 2019, the World Health Organization sent out a shocking press release that not many people read or even knew about. This press release stated: "Mental disorders affect one in four people. Treatment is available but not being used. One in four people in the world will be affected by mental or neurological disorders at some point in their lives. Around 450 million people currently suffer from such conditions, placing mental disorders among the leading causes of ill-health and disability worldwide."

SERVICES OFFERED

- <u>Seminars</u> provide awareness and strategies for identifying possible traumas impacting your group.
- Workshops equip your group with tools needed to improve their health and efficiency
- <u>Train-the-Trainer</u> is a partnership that involves developing champions within your group that will be examples of best practice.

EXPERTISE

- Behavioral Health & Wellness
- Social-Emotional Leadership
- Restorative Practices
- Compassionate Witnessing
- Organizational Management
- Mental Health First-aid
- Emotional Intelligence
- Pragmatic Framework
- Digital Communities
- Holistic Self-care